

## LLEDR HALL CLOTHING LIST

Please do not buy extra new clothes for your child for this trip. The children will probably get wet and dirty; old, casual clothes are more suitable.

The most important items your child will need are two pairs of hiking/ski socks, which are available from sports/hiking shops.

In addition, warm hats and gloves are essential.

1 warm coat/ski jacket	1 dressing gown
2-3 warm jumpers/sweatshirts	1 pair of slippers - indoor shoes
1-2 pairs of indoor pants (leggings/joggers)	1 pair pyjamas/nightdress
1 pair of trainers	2 towels
3 shirts/long sleeve tops	1 pillow case
2 pairs of thick walking socks	1 sleeping bag
2-3 pairs if tracksuit bottoms or joggers	1 lip balm – lipsyl or similar
1 woollen hat	Bag for soiled clothes
1-2 pairs of gloves	Washbag containing soap, shampoo, toothbrush, toothpaste, brush/comb
Several changes of underwear	Camera (optional)
Stamped postcard – addressed to home	Any medication (with completed medical consent form)

During your visit to Lledr Hall **we will provide** everyone with the following items:

Waterproof jacket, waterproof trousers, rucksack, walking boots, fleece jumper (if required) and of course any specialist equipment for the activities.