This portal is not intended for use by professionals. If you are a colleague requiring advice for a family please contact us at relationships@salford.gov.uk.

April 2026 to June 2026

Discussion Group title	Mondays 10am-12pm, Langworthy Family Hub within Langworthy Cornerstones, 451 Liverpool Street, Salford M6 5QQ	Thursdays 10am-12pm, Swinton Gateway, 100 Chorley Road, Swinton M27 6BP
Getting teenagers to co-operate	20 April 2026	
Coping with teenagers' emotions	27 April 2026	
Building teenagers' survival skills	11 May 2026	
Reducing family conflict (teenagers)	18 May 2026	2 April 2026
Dealing with disobedience (0-12)	1 June 2026	9 April 2026
Managing fighting and aggression (0-12)	8 June 2026	16 April 2026
Developing good bedtime routines (0-12)	15 June 2026	
Hassle-free shopping with children (0-12)	22 June 2026	
Hassle-free mealtimes with children (0-12)	29 June 2026	

Triple P Seminars

We have several 90-minute Triple P seminars available which include a range of evidence-based strategies to support you in your parenting role.

We have three seminars for the families of children aged 0-12 around the Power of Positive Parenting, Raising resilient children and Raising confident, competent children.

There are also three seminars for the families of teenagers on the subjects of: Raising Competent Teenagers, Raising Responsible Teenagers, and Getting Teenagers Connected. If you would like to access one of these sessions or have any questions please contact us via the universal relationships portal or contact us on 0161 686 7229.