Salford City Council

Being a parent - SEND

Being a parent is an amazing job but it's not always an easy one.

Supporting a child or young person with additional needs or a neurodevelopmental need may pose questions that a parent or carer had not expected and we have heard from families that it can be helpful to seek advice, ask questions and discuss different experiences.

Our Salford Family Relationship practitioners offer a number of sessions to families which give the opportunity to consider approaches to supporting your child to learn new skills, feel supported in their emotional wellbeing and for parents/carers to feel supported in their role as a caregiver.

Togetherness: Understanding your child with additional needs

This online course is for all parents, grandparents and carers of children who may be neurodivergent, have a physical or learning disability. Building on the principles of nurturing emotional wellbeing shaped by the Solihull Approach, the course will help you to read and manage behaviour, develop your communication and support their development. The course can be translated into over 100 languages and also has an English language audio.

Course materials

- Download course poster (Adobe PDF format, 15.7mb)
- Download course flyer (JPEG format, 570kb)

Expand all items • Close all items

Wording on course poster

Wording on course flyer

How to access the course

- Go to the Togetherness website

- Use the access code: EARLYHELP in conjunction with your Salford postcode.
- Create a GDPR compliant account and start right now!

For technical support, please use our Support Form or call 0121 296 4448 (Monday to Friday, 9am to 5pm).

Triple P seminar schedule: October 2025 – March 2026

To access these sessions please complete your details via the universal relationships portal or contact us on 0161 686 7229.

These sessions are available to Salford residents.

This portal is not intended for use by professionals. If you are a colleague requiring advice for a family please contact us at relationships@salford.gov.uk.

Seminar title	Morning	Afternoon	Evening
Positive parenting for children with a disability (0-12)	Monday 23 March 2026, 10am to 11.30am	Monday 20 October 2025, 1pm to 2.30pm	Wednesday 7 January 2026, 5pm to 6.30pm
Helping your child reach their potential – SEND (0-12)	Wednesday 12 November 2025, 11am to 12.30pm	Monday 15 December 2025, 1pm to 2.30pm	Tuesday 10 February 2026, 5pm to 6.30pm
Changing problem behaviour into positive behaviour – SEND (0-12)	Monday 26 January 2026, 10am to 11.30am	Wednesday 8 October 2025, 1pm to 2.30pm Wednesday 4 March 2025, 1pm to 2.30pm	Monday 24 November 2025, 5pm to 6.30pm

Group Triple P Stepping Stones (0-12 years)

Group Triple P Stepping Stones has been developed for parents of children with a disability.

Stepping Stones Triple P has been evaluated with families of children with a range of disabilities (for example learning disability, autism, cerebral palsy) and elevated levels of disruptive behaviour.

This programme can benefit parents or caregivers of children with a disability (up to 12 years) who are interested in learning a broad-based range of parenting skills to promote child development and to manage challenging behaviours.

Parent and carers can request to join this group through an Early help request Salford Children and Families Portal or by ringing 0161 686 7229. You can also ask a professional who may be supporting your family to make this request on your behalf.

Who to contact

If you would like more information on parenting support offered in Salford then please contact your local family hub.

This page was last updated on 16 October 2025